



**Dansk
Orienterings-Forbund**



INTERNATIONAL ORIENTEERING FEDERATION

Bulletin 1

DM Long-distance Championship 2020, IOF World Ranking Event,

Løberen League 2020 and Trimtex Cup 2020

Sunday 13th September 2020



Classification	A-competition class **** DM long-distance WRE elite event
Organizer	OK Syd
Competition area	Hjelm Skov, Årup Skov, Aabenraa Sønderskov
Closed areas	Please refer to the competition homepage
Competition homepage	https://oksyd.dk/arrangementer/2020/dm-lang.html Here you will find: Bulletins, starting lists, result, pictures etc.
Parking and meeting place	Meeting place and parking: Entry by the road Solbæk, from Rugkobbøl, route 24. GPS coordinates and map link: 55.022750, 9.415126 Parking will be on a private parking area owned by Sydbank. If parking is required for buses, please inform Event Director.
Venue area	On grass field located between Årup Skovvej and Sønderskovvej. Please follow the marking from the parking area.
Distances	Parking to venue area ca. 500 m Venue areas to start ca. 1.900 m. Finish will be on venue area.
Map	Aabenraa Syd. 1:7.500 and 1:10.000. H18, D18, H20 og D20, D21 (W21) og H21 (M21) scale: 1:15.000. 5m equidistance. Map is drawn 2020 based on ISOM2017 and bear the quality mark of DOF. Maps are offset printed on waterproof, reinforced paper.
Control descriptions	IOF-symbols. Loose control descriptions will be available at start on condition that fixation is possible.



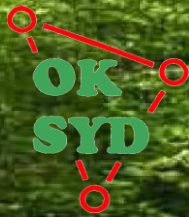
**Terrain
description and
race area**

The terrain consists predominantly of mixed open deciduous forest with few areas of coniferous forest.

There is an extensive network of paths, roads and ditches. The area varies with moderate to strong slopes, and with diverse runnability. In general, the forest is relatively open with a good deal of blackberry growing in dense groups and some undergrowth.

The Northern part is intersected by a busy road.

The high degree of variation makes it a challenging and intriguing terrain for orienteering.



OK SYD

Ørionteringsløb i grænseegnen
Aabenraa og Sønderborg



Courses and classes

In accordance with the regulations of The Danish Orienteering Federation, 2019 §4.1.2.1.

Class	Difficulty	Wiining time
D10	Beginner	20
D12	Easy	25
D14	Medium	35
D16	Difficult	40
D18	Difficult	55
D20	Difficult	55
D21 *	Difficult	70-80
D35	Difficult	55
D40	Difficult	50
D45	Difficult	45
D50	Difficult	45
D55	Difficult	45
D60	Difficult	45
D65	Difficult	45
D70	Difficult	45
D75	Difficult	45
D80	Difficult	45
D85	Difficult	45
D/H90	Difficult	45
H10	Beginner	20
H12	Easy	25
H14	Medium	35
H16	Difficult	45
H18	Difficult	70
H20	Difficult	70
H21 *	Difficult	90-100
H35	Difficult	70
H40	Difficult	65
H45	Difficult	60
H50	Difficult	55
H55	Difficult	50
H60	Difficult	50
H65	Difficult	50
H70	Difficult	50
H75	Difficult	50
H80	Difficult	50
H85	Difficult	50
D/H90	Difficult	45

*) D21=W21 og H21=M21 for WRE



<p>Open courses</p>	<p>The following open courses are offered:</p> <table border="1" data-bbox="555 479 1390 725"> <thead> <tr> <th>Class</th> <th>Difficulty</th> <th>Length</th> </tr> </thead> <tbody> <tr> <td>Åben 1 / Open 1</td> <td>Difficult</td> <td>7,0 – 8,0 km</td> </tr> <tr> <td>Åben 2 / Open 2</td> <td>Difficult</td> <td>5,0 – 6,0 km</td> </tr> <tr> <td>Åben 3 / Open 3</td> <td>Difficult</td> <td>ca. 3,5 km</td> </tr> <tr> <td>Åben 4 / Open 4</td> <td>Medium</td> <td>ca. 4,0 km</td> </tr> <tr> <td>Åben 5 / Open 5</td> <td>Easy</td> <td>ca. 3,5 km</td> </tr> <tr> <td>Åben 6 / Open 6</td> <td>Beginner</td> <td>ca. 3,0 km</td> </tr> </tbody> </table> <p>Open courses are sold on the day from the Event Office in the hours 09.30 - 11.30 according to first-come, first-serve policy, as the number of maps is limited.</p> <p>Start for open courses will be put-and-run in the hours 10:00 – 12:00.</p> <p>The entry fee for open courses is identical to the ordinary on-time entry fee. Si card hire: 20 DKK.</p> <p>There will be no vacant spots, we refer to late entries and open classes.</p>	Class	Difficulty	Length	Åben 1 / Open 1	Difficult	7,0 – 8,0 km	Åben 2 / Open 2	Difficult	5,0 – 6,0 km	Åben 3 / Open 3	Difficult	ca. 3,5 km	Åben 4 / Open 4	Medium	ca. 4,0 km	Åben 5 / Open 5	Easy	ca. 3,5 km	Åben 6 / Open 6	Beginner	ca. 3,0 km
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<p>Seeding</p>	<p>The classes D20, H20, D21 and H21 will be seeded according to the Danish Orienteering Federation (DOF) regulations 2019 and the World Ranking listing per August 23rd, 2020.</p>																					
<p>Medals</p>	<p>No. 1 in the classes D21 and H21 will receive DIF's championship medal.</p> <p>No. 2 and 3 in D21 and H21 will receive DOF's championship medal, respectively in silver and bronze.</p> <p>No. 1, 2 and 3 in the other championship classes will receive DOFs championship medal in respectively gold, silver and bronze.</p> <p>Medals are awarded to the participants that have completed regardless of the number of participants in the class. Medals are only awarded to persons who are a member of a club under the Danish Orienteering Federation and a Danish citizen or on the day of the event is signed up with the Danish population register.</p>																					
<p>Punching system</p>	<p>Sport Ident (SI) is used.</p> <p>Runners using own SI-card must provide the card number at time of entry. A rental SI-card will be provided at an additional fee of 20 DKK.</p> <p>Rental SI cards are handed out at the start and must be returned at the finish. Rental SI-card not returned after the race will be charged 500 DKK.</p>																					



Start	<p>First start at kl. 10.00.</p> <p>Interval of start: minimum 1 min.</p> <p>Call up will be 4 min. before start.</p> <p>Participants in classes with difficulty green (beginner) and white (easy) will have the map handed out 2 min. before start and will be offered help with the start from a start-official.</p> <p>Open courses have put-and-run start in the hours 10:00 - 12:00.</p>
Entry fee	<p>D/H-20: 140 DKK. Late entry, raised fee: 280 kr.</p> <p>D/H21-: 170 DKK. Late entry, raised fee: 340 kr.</p> <p>To this please add optional SI rent.</p> <p>Entry fees payable to OK Syd's bank account at Sydbank. Account number: 8010-7302525.</p> <p>Foreign participants pay by transfer to the following account:</p> <p>Account owner: Orienteringsklubben OK Syd Bank: Sydbank A/S, Danmark IBAN: DK7780100007302525 BIC/Swift: SYBKDK22</p>
Registration	<p>Club entries (DK) should preferably be through O-service via the nominated Club Administrator, no later than Sunday, August 30th, 2020.</p> <p>If no SI-card number is stated, a rental SI card will be assigned.</p> <p>Elite runners, Danish and foreign, who wishes to participate in the World Ranking Event, WRE classes: D21 (W21) and H21 (M21) <u>must</u> register through IOF Eventor.</p> <p>Other foreign runners must register by e-mail to: Kristian Toustrup. Email: toustrup@post3.tele.dk</p>
Late entry	Until Sunday, September 6 th , 2020 with raised fee.
Visa	Please refer to https://applyvisa.um.dk/
Showers	No options for showers.
Accommodation	We refer to Aabenraa Tourist Agency: http://www.visitaabenraa.dk/ Phone: 7462-3500
Toilets	There are toilets in the venue area and on the way to start.
Kiosk	The event offers a well-stocked kiosk with reasonable prices.
Event office	At the venue area. Open from 09:00



Children's Course	There is a taped children's course, free of charge, for younger children. All children completing the course will be get a small prize. Available at the venue area between hours 9:45 - 12:30.
Childcare	Not available.
Final details and start lists	To be published at the competition homepage not later than Thursday, September 10 th , 2020.
Map drawers	<ul style="list-style-type: none"> • Bent Petersen, OK Syd • Mogens Thomsen, OK Syd • Bjarne Bang Christensen, OK Syd
Event organisation	<ul style="list-style-type: none"> • Event Directors: Michael Termansen and Peter Pallesen, OK Syd • Course Planner: Bent Pedersen, OK Syd • Event Controller, WRE Adviser: Lars Thestrup, OK Melfar • Course Controller: Jesper Lundsgaard, Vestjysk Orienteringsklub • Jury Chairman: Lars Thestrup, OK Melfar • Jury members: Three members are appointed when all entries are available.
Event Directors and contacts	Event Director, Michael Termansen. Phone: +45-5151-2817 Event Director, Peter Pallesen. Phone: +45-5121-3863 Email: DMLang@oksyd.dk

Best regards **OK SYD**

LØBEREN

TRIMTEX